

## Kira's (revised) Supply List

*These are the supplies I love; don't feel like you have to get all of these to be a great journaler! Work with what YOU love working with. I only hope to give you some idea of the materials I use to help jump start your own creative journey!*

### Lay Down Some Color!

#### - Golden Fluid Acrylics

These little bottles are amazing! I love the flow of the fluid acrylics. They act like watercolors or acrylics, depending on how you use them, and mix beautifully! If you're just starting out, I recommend the starter pack — not only do you get all the basic colors, but they include a handy color mixing guide.

#### - White Heavy Body Acrylic

I love covering up elements, and the white does this the best. The heavy body is much more opaque than the fluid white, and is a staple of my collage work.

#### - Golden Glazes

You can totally mix your own glazes with glazing medium (and it works with cheaper craft paints!), but I love the Fresco Cream color. It mutes, blends, and adds just a hint of age to any page.

#### - Caran D'Arch Watercolor Crayons

These are one of those desert island must-have supplies. I used to use the Portfolio Oil Pastels, but found I couldn't write over them when I made backgrounds. The crayons are MUCH easier to work over, are smooth, and smear awesomely. They're messy on the page and great for when you're traveling and don't have the room to use traditional paints.

#### - Pan Watercolors

Get the ones for kids! These act differently than acrylics and watercolor crayons. Depending on how much water you use, they can be light and transparent or thick enough to write with. I love 'em!

### - Copic Markers

Okay, I'll admit, I'm a bit obsessed. I really really love doodling and writing with these in my journal and on larger paintings, and even bought the airbrush attachment to use with my stencils. They blend together fantastically, come in tons of colors, and are just all together cool. But be careful — once you start buying some, you may not stop! If you're on a budget, try the Pitt Artist Pens markers....they have lots of colors, brush tips, and are cheaper (they also don't bleed through the paper!).

### - Derwent Coloursoft Colored Pencils

I used to use Crayola colored pencils until I found these. They're buttery-smooth, vivid, and come in fantastic colors.

### - Distress Inks

I JUST got into stamping and am in LOVE! These distress inks are SO VERSATILE — you can do so many awesome techniques with them. They're worth grabbing a few of your favorite colors and playing around!

### - Memento Ink Pads

I get the little teardrops of these. The colors are rich and they don't leave a residue on my clear acrylic stamps (which I like...some of mine are stained from other stamp pads). Since these are dye inks, you can do some great watercolor techniques with them in combination with the Distress Inks or just on their own.

### - Sharpie Poster Paint Markers

These are water-based and fantastic. I get the black and white ones in bulk and go through them pretty fast! You can find them at most Michael's, now.

## *Staple Supplies*

### - EZ Air Invisible Care Lotion

This is VERY IMPORTANT. The paints and such we use are usually made from metals and such, and they can be hazardous after years of use. Give yourself piece of mind by using this lotion while creating — it'll protect your hands and save them from being irritated (some people have allergies to some art supplies and can now use their hands to smear paint because of this stuff!). Some art shops sell it, and you can definitely order it online from Dick Blick.

#### - Paint Brushes!

I like golden takkon, but some people swear by natural fibers. Experiment with different kinds to find what works for you. I try to have a 1/2" angled brush, a smaller square brush, a 0 or 1 round for writing with ink, and a larger, cheap brush for gesso/glue.

#### - Collage Pauge

I ADORE this glue! It's so great. Smooth, a bit thinner than gel medium, and I can get things down without bubbles. I went to regular Mod Pauge for awhile, thinking they were basically the same, and they are NOT. Plus, Collage Pauge can be used to seal things, so it's great for resists.

#### - Sumi Ink

This is used for Chinese brush paintings. It's a black that's darker and more opaque than calligraphy ink and flows wonderfully.

#### - Stencils!

Cut 'em yourself, get some at the store, use die-cuts. I love using stencils on my pages.

#### - Stamps

Carve your own or find some favorites. There's so much you can do with them!

#### - Sewing Machine

I just learned how to freestyle with a sewing machine, and boy, is it fun! You can also attach paper and elements to your journal pages with some quick stitches.

#### - Gesso

Still an important staple! You can use this to prep your page, add texture, or soften some papers/elements on your pages.

#### - Bone Folder

I use mine mostly to get papers flat when I'm glueing them down. It's perfect for that!

#### - Cutting Mat

Don't make the same mistake as me and use it to save your workspace. A small 8" x 10" is fine....it's just a great surface to make cuts on and set brads. Don't use it when punching holes, though...mine has a nice hole in it from that fiasco!

- Plastic Place Mat

Mine was \$2 at Target and saves the table from more layers of paint!

- Craft Sheet

Made by Ranger, these sheets work with the inks from stamp pads and can also take a LOT of heat.